

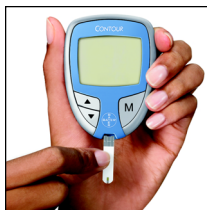
CONTOUR® Meter Quick Test Guide

The CONTOUR® Blood Glucose Monitoring System from Bayer COMPLETE AND EASY

Blood Glucose Testing In 2 Easy Steps

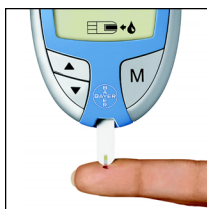
1

Insert a CONTOUR® Test Strip into the meter. The meter will turn on, and an image of a blood drop will immediately flash on the screen. The meter is ready for you to apply a tiny (0.6µL) blood sample.



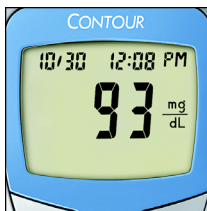
2

Touch the tip of the test strip lightly to the drop of blood until the meter beeps. The CONTOUR meter's innovative Sip-in Sampling® Technology allows the blood to be pulled into the test strip. Your test result will be displayed after a fast five second countdown.



Read the result, then remove and discard the used test strip.

The reading will automatically be stored in memory, and the meter will automatically turn off.



For more information on Bayer products and services visit www.BayerDiabetes.com.



EASY ACCURACY. ANSWERED BY BAYER.

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CONTOUR[®] Meter Quick Test Guide

The CONTOUR[®] Meter has optional smart features that make it easy to stay in control.

The CONTOUR Meter has quick and easy meal markers to help complete your blood sugar management picture.

1a

How to mark your test results*

Marking a test result as pre-meal – When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 🍏 marker and press **M** to set.

1b

Setting the test reminder alarm – If you mark a result with the 🍏, the 🕒 will appear with a box flashing around it. This allows you to set an alarm that will go off in 2 1/2 hours, to remind you to do a post-meal test. Press **M** to set the alarm.

2

Marking a test as post-meal – When your test result appears on the screen, press ▲ or ▼ to move to the flashing box around the 🍷 marker and press **M** to set.

3

Marking a test as unique – There are times when you test your blood sugar that are unique, and not based around a meal. When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 📝 marker and press **M** to set. You may want to note this result in your CLINILOG[®] Log Book.

After marking the test result with the appropriate meal marker, remove the strip to turn the meter off and discard the used strip.

If you have any questions, please refer to the CONTOUR Blood Glucose Monitoring System User Guide for complete instructions on use and other important information.

Bayer Customer Service provides personal assistance when you need it. **Call 1-800-348-8100.**

* You will need to activate the Meal Marker feature on your CONTOUR meter before marking your test results. See page 24 of your CONTOUR User Guide for instructions.

